



South Mainland Pool

01595 807719



Swimming Timetable Jan 6th - Mar 30th

Public Swimming	
MONDAY	1415-1515 1800-1900 (two lanes) Adults only -1900-2000
TUESDAY	1230-1330 1430-1530
WEDNESDAY	1400-1500 1800-1900 Ladies Only 1900-2000
THURSDAY	1330-1530 1830-1930
SATURDAY	0930-1400 (0930 2 lanes +advanced coaching (1130 Family fun hour)
SUNDAY	0930-1530 (1130 family Fun hour)

Classes	
MONDAY	1545 SS 1A beginners & 2 1615 SS 1A beginners & 3 1645 SS1A improvers & 1B (deep) 1730 SS4
TUESDAY	1330 Pre School Beg 1400 Pre School Imp 1530 SS1A improvers & 2 1600 Club Ready 1615 SS1B 1900 Aquacise Fitness class
WEDNESDAY	1500 Pre School Imp 1530 SS1A beginners 1600 SS1A improvers & 3 1630 SS1A improvers & 2 1700 Advanced Coaching
THURSDAY	1200Adult & Child 1230 Pre School Beg 1300 Pre School Imp 1530 SS1B & 3 1600 SS4

Private hires
1-12 people £30.15
13-24 people £58.35
Inflatable (24 people) £82.65

Individual Lessons
Subject to availability £20.10

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Shetland Recreational Trust

www.srt.org.uk

Registered Charity: SC002179

Funded by



Shetland Charitable Trust