



**Shetland** Recreational Trust

Shetland more active, more often



**Annual Report**  
2021-2022



**UNST  
LEISURE CENTRE**



**YELL  
LEISURE CENTRE**



**NORTH MAINLAND  
LEISURE CENTRE**

**WHALSAY  
LEISURE CENTRE**



**WEST MAINLAND  
LEISURE CENTRE**

**CLICKIMIN  
LEISURE COMPLEX**



**SCALLOWAY  
POOL**



**SOUTH MAINLAND  
POOL**



## SRT Directory

Clickimin Leisure Complex	01595 741 000
Unst Leisure Centre	01595 807 701
Yell Leisure Centre	01595 807 704
North Mainland Leisure Centre	01595 807 710
Whalsay Leisure Centre	01595 807 707
South Mainland Pool	01595 807 719
Scalloway Pool	01595 807 716
West Mainland Leisure Centre	01595 807 713



**OUR EIGHT  
LEISURE CENTRES**

Email: [mail@srt.org.uk](mailto:mail@srt.org.uk) / website: [www.srt.org.uk](http://www.srt.org.uk)



# CONTENTS

- 1 Chairman's Report
- 4 Vision, Mission & Values
- 5 Operational Overview
- 7 MORE4life Performance
- 9 Community Engagement
- 11 Healthy Shetland
- 13 Training Development
- 14 Assets & Development
- 15 Focus on Finance
- 16 Focus on Energy & Environment
- 17 Focus on the Future
- 19 Behind the Scenes
- 22 Financial Performance



# CHAIRMAN'S REPORT

**Thousands of Shetlanders use SRT every day and the value of what SRT provides is measurably beneficial far beyond the cost. There can't be many more worthwhile investments in our community.**



It's incredible to reflect on how much happened this year and how hard everyone has worked. For SRT as an organisation, these past twelve months have arguably been more complicated than the start of the Covid pandemic or the lockdown closures, an unforeseeable trial for our recently arrived Chief Executive Steven Laidlaw in his first full year.

The challenges of reopening, the varying restrictions and capacity limits, staff absences, and many other problems - not least the social hesitancy that some of our customers felt. All might easily have put people off from coming through the doors, but come they did and without them SRT would no longer be here. So it's a credit to Steven and his staff that SRT could provide so much to keep our customers happy and so pleasing to see so many of our customers who were so willing to return. Thank you all.

I should explain that our customers were not our only support and it's fair to say that without the continued backing of Shetland Charitable Trust, Shetland Islands Council, and the Government Job Retention Scheme, we again, wouldn't be here. Thank you to them.

In August 2021 trustees approved the single biggest change to Shetland Recreational Trust in decades. In November we launched the MORE4life Membership Scheme. This was a fundamental switch, transforming SRT from a pay-as-you-go business model to a predominantly membership-based business model.

The entire organisation has taken a significant step into the unknown but MORE4life has started well and we now have nearly 4000 members. Our previous subscriptions volume was less than a quarter of that. The most important aspect of this is the huge benefits offered through our family and concession memberships. All our subscriptions give members great access to our facilities and activities, for a fraction of the previous price. The centres have definitely been busy since, which is great to see.

SRT has been facing up to the challenges of our ageing estate, our increasing costs and our limited budgets for many years. The pandemic has only made it harder.

In February, Shetland Charitable Trust approved a multi-million pound Capital Grant Scheme, which will allow us to significantly overhaul several of our centres, indeed as far as entirely re-roofing some of our buildings. This is much needed but isn't a magic wand and there will still be maintenance difficulties ahead. However it can be viewed as a sign that the value SRT brings to Shetland is recognised and it is a major commitment that will help to ensure that SRT and our leisure centres will continue to be here for future generations to enjoy. Thank you (again) to Shetland Charitable Trust.

Another change this year, but not of our choosing, was that Bryan Leask stood down as Chair of SRT in the summer and later left the board. Bryan served as a trustee for more than a decade and had been Chair since 2014.



During his tenure Bryan oversaw so much including SRT's part in the Shetland Partnership Plan, an increase in users to over 800,000 admissions, the arrival of the Anderson High School on our doorstep, the development of the 60:40 plus the new Clickimin gym and reception, and left after installing a new management structure. Bryan led while our funding faced reductions throughout every year that he was Chair and it is testament to his leadership that we managed to stay open without any reduction to the services and benefits that SRT brings to the Shetland community. His level-headed judgement and technical acumen are a loss to the board. Thank you Bryan.

I'm very honoured to have received the backing of trustees to become Chair and have confidence that the current group of trustees and staff are ready for the challenges that lie ahead. Where Bryan guided SRT through a period of change, my hope is to focus on sustainability and partnership working as well as overseeing the capital repairs programme. This will not be easy as we move into a time of inflation and renewed cost pressures. Thank you to my fellow trustees for the time, effort and wisdom that they volunteer.

Thousands of Shetlanders use SRT every day and the value of what SRT provides is measurably beneficial far beyond the cost. There can't be many more worthwhile investments in our community.

**David Thomson** | Chairman



Bryan Leask



Gordon Keith



Audrey Leask



Stuart Fox



Elizabeth Robinson



Adam Civico



Katie McMillan



Martin Summers



Ivor Cluness



Bobby Cumming



Grace Barnes



Derek Leask



# 'Shetland more active, more often'

OUR VISION





# OUR MISSION

'To provide facilities and services that inspire and support communities in Shetland to enjoy being active and healthy'



# OPERATIONAL OVERVIEW

**A good time was experienced by all with many positive comments received in what was Shetland's first large scale gathering following the pandemic.**

2021/22 was another challenging year for all facilities across Shetland due to Covid-19 restrictions and guidance that was in place for indoor sport. In April 2021 the Islands were in level 3 guidance which restricted indoor activity to under 18's only. Throughout the year as guidance changed, credit must be given to the staff at all facilities, who reacted to information and adapted activities to produce as full a programme as possible, with emphasis always on the safety of customers and staff. This was well received, and participation exceeded predicted usage levels across all sites.

The first significant change in Government guidance happened in August when the Islands were placed in the guidance level 'beyond zero' which allowed the re-opening of Health Suites and changing rooms and also allowed the return of contact sports for adults. The return of some relative normality was short-lived however when due to spikes in numbers locally the Islands were placed in three weeks of level one guidance in December 2021.

From February 2022 we returned to normality once more. It is hoped that in 2022/23 customers will be able to experience facilities and activities they became accustomed to pre 2020.

Number of  
new customers  
in 2021/22

2,129



Number of  
clubs/organisations  
Supported

187





We were involved in a partnership with the Scottish Government, SportScotland, Shetland Islands Council, and the NHS to deliver free children and family activities across our eight sites during the school summer holiday period of 2021.

The initiative fitted well with the vision of the Trust to get 'Shetland more active, more often' whilst removing barriers to attending the facilities and activities. These activities were well received with a total of 6,918 customers attending, more than double the numbers in 2019. The summer programme included swimming lessons, holiday camps, football camps, junior activity classes, and family swimming.

On Saturday 28th August the Clickimin Leisure Complex hosted the 'Big Summer Spree' as the climax of the 'Get into Summer' promotion. For the first time the Trust brought together community groups to offer a fun family day event with a range of free activities, outdoor games, live music, a BBQ, and tents/marquees with teas, coffees and homebakes.

Relay for Life, Royal National Lifeboat Institution, Voluntary Action Shetland, Ability Shetland, Shetland Islands Council, and the Shetland Recreational Trust all contributed to the event which attracted thousands of people to the Complex and surrounding areas. Local businesses supported the event by donating prizes, fruit, and water for the stalls to ensure that all the kids left the day happy and with a prize to remember the day by.

The weather was kind on the day and the event allowed us to showcase some of the activities and sports both old and new that will be on offer in future.

The Trust secured funding to allocate food vouchers to eligible families to spend at the stalls run by the RNLI and VAS. This was well received and allowed access to the event for many families.

**Robert Geddes** | Head of Operations

"I have spoken to some of our Ladies Committee, and also some of the crew, and everyone was very positive about the whole event. In fact everyone I spoke to were very complimentary about the day, and I think everyone was just so delighted to be able to be out among folk again, it was really a great idea. All our stalls were very busy, the raffles sold out, and thank you for your top prizes. We had two new area managers for the RNLI up, and they couldn't believe it, it certainly gave them both a great impression of how to fundraise, and of the community spirit in Shetland."

**Rhoda Watt**  
RNLI



**Facilities and activities in a MORE4life membership include swimming, gym and fitness suites, health suites, studio and fitness classes, online classes, racquet sports (badminton, squash and table tennis), climbing wall and bowls rinks.**

During 2021/22 the Trust embarked on one of its biggest changes since opening in 1985 by reviewing the membership offer available to customers. The vision of 'Shetland – more active, more often' was the driving force to see how we could break down barriers to activity across the Isles.

The Trust used feedback from customers and focus groups across the Islands to provide a real insight as to how the Trust was achieving its aims and delivering for its customers. A focus group of non-users was also consulted to ensure there was an understanding why some of our community do not use local facilities.

The result of all this hard work was MORE4life and Access to Leisure (our concessionary scheme to make activity more accessible for eligible individuals and families). It was launched on 1 November 2021.

The highlights of the new membership are:

- New excellent value package
- Both individual and family/household memberships
- Simple and affordable
- Gives access to all SRT sites
- Part of trust's mission to get Shetland – more active more often
- Access to Leisure concession scheme introduced
- Access to participating Leisure Link services across Scotland



An added value element of the membership was the inclusion of Shetland Recreational Trust to the Leisure Link Partnership. Leisure Link allows Shetland Recreational Trust members to access to fitness centres in Highland, Moray, Orkney, the Western Isles, the Borders, Aberdeen and Argyll and Bute. That means that, at no extra cost, our members can use their membership while away in Scotland on work or leisure trips.


Another major change to the membership offer was the introduction of family/household membership for the first time in the Trust's history. This was an area that had been requested for many years and allows up to two adults and any number of children under the age of 18 who live at the same address to have a family/household membership.

To assist in removing barriers to activity and facilities and to ensure the Trust's facilities are accessible to as many people as possible, we knew another radical change was needed. We created Shetland's first concession scheme and introduced a separate rate through Access to Leisure. Those who qualify for Access to Leisure pay just £1 to take part in any of the activities included in MORE4life, without the need to pay a recurring membership fee. Including the new concessionary rate was key to the Trust's goal of ensuring sport and leisure is open to everybody.

**Robert Geddes** | Head of Operations


Outdoor Activities

32k




School Attendances

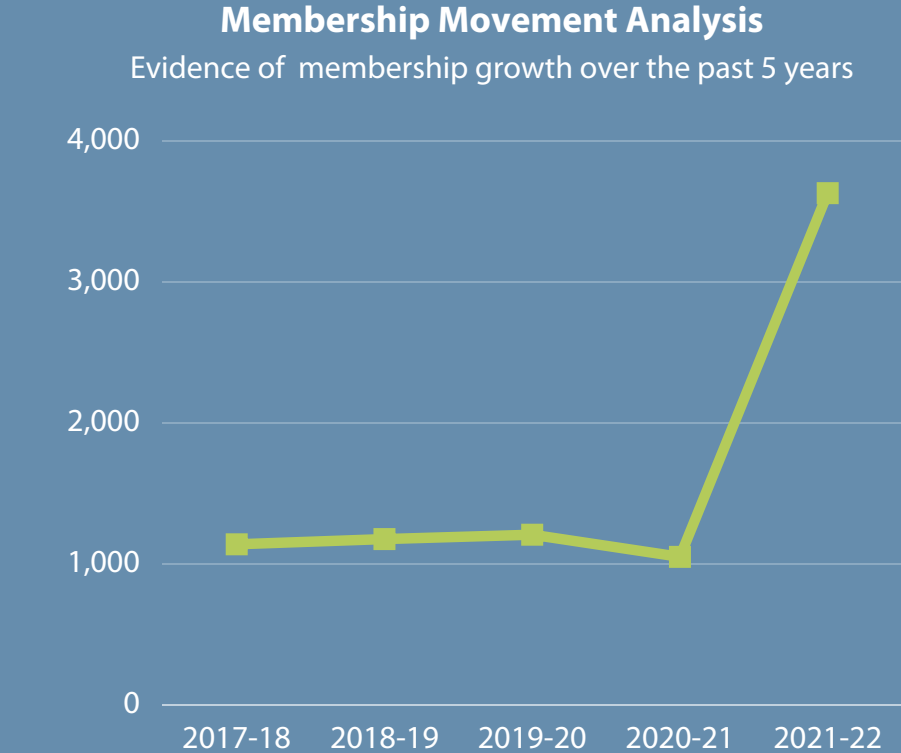
158k



Website Hits

353k







# COMMUNITY ENGAGEMENT



## Relaxed Swimming Scalloway Pool

These are 60 minute sessions where we lower noise, lighting and maximum numbers to create an atmosphere suitable for all, especially those with Additional Support Needs. South Mainland Pool also offers similar sessions - see our website for more information.



## Walking Football/Netball Yell Leisure Centre

Walking Netball/Football are supportive, community-focused and a good old laugh. It is a slower version of the games we all love, but at a walking pace. Similar sessions are available at a number of our sites - see our website for more information.



## Craft Fair Unst Leisure Centre

We opened up our doors in November to the first Craft Fair. It was a great day with over 150 visitors to the event. It was a fantastic opportunity for locals to start their Christmas shopping. The community support they received was overwhelming.



## Come to Brae Days North Mainland Leisure Centre

A community led event, offering a variety of activities over a weekend. North Mainland Leisure Centre offered Bouncy Castle and Zorbing sessions.





### **Beginners Come & Try Sessions Whalsay Leisure Centre**

We developed and offered a variety of beginner, come and try sessions to entice new users and the community to be more active more often. Similar sessions are available at a number of our sites, see our website for more information.



### **Exclusive Pool Hires South Mainland Pool**

We offered exclusive pool hires for those hoping for a more private experience, this also allowed those who had been isolating to exercise and spend time with family. Similar sessions are available at a number of our sites, see our website for more information.



### **Relaxed Social Evenings Clickimin Leisure Complex**

We have delivered relaxed social evenings, aimed at those with additional support needs and their friends, families and carers. The evenings came directly out of partnership work with several local charities.



### **Parasport Festival Clickimin Leisure Complex**

We hosted Shetland's first Parasport Festival in March. A successful festival for children and young people aged between 10 and 18 years with physical, visual, and hearing impairments.



### **Junior Gym West Mainland Leisure Centre**

We developed and delivered Junior Gym sessions to encourage children to be more active more often. The Junior Gym sessions were aimed at 13-15 years olds, helping them to build confidence in the gym and pass their gym induction.

### **Other Community Events**

- Sep 21 Clickimin Toddler Pool Drawing Competition
- Aug 21 The Big Summer Spree
- Aug 21 Get Into Summer
- Jul 21 Summer of Fun Vouchers
- Apr 21 Subscription Focus Groups

**Unst Leisure Centre secured funding from Versus Arthritis to purchase a Jones machine for their fitness suite.**

**The machine is aimed at customers who have limited mobility or lifelong medical conditions to help strengthen up their muscles.**

**VERSUS  
ARTHRITIS**

## NHS - HEALTHY SHETLAND

The Shetland Recreational Trust have been supporting the NHS to develop a health awareness programme called Healthy Shetland, it began as a pilot project to support people to make healthier choices. Staff members from each of our sites have been trained by NHS Staff to deliver the programme following the pilot.

The Healthy Shetland pilot results have been great so far, with over 81kg in weight loss and almost 170cm lost in waist circumferences but more importantly 100% of participants saying they feel healthier, 92% saying their mood has improved and 97% feeling more motivated to exercise.

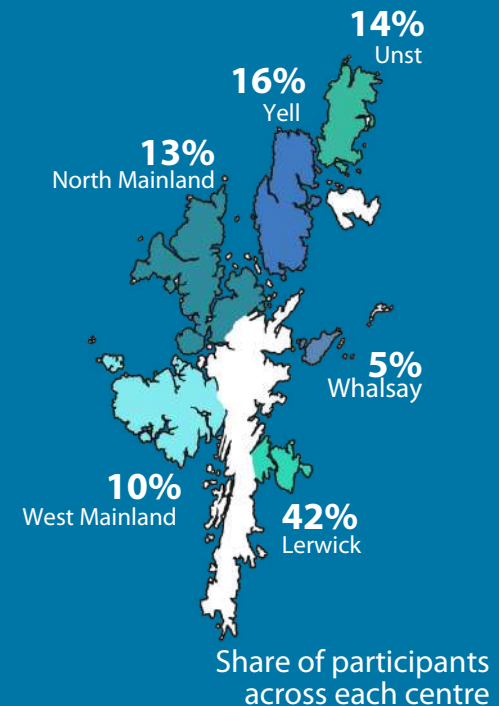
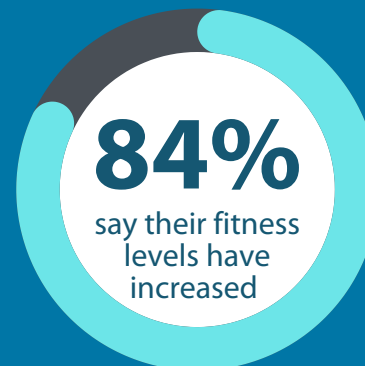
The feedback provides an insight into how participants of the Healthy Shetland programme were feeling after the initial 4 months project.

This data has been used to plan and shape the programme, which aims to recruit again in 2022.



**Number of people enrolled in programme: 56 Adults**

**Feedback responses received from: 40 Adults (71%)**





I have been more conscious of food choices when shopping and when making meals. I've cut down on snacks and I'm drinking more water.



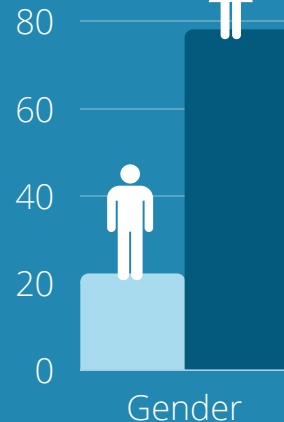
**97%**

of people say they feel more motivated

**92%**

of people say their mood has improved

total amount of weight lost  
**81.6kg**



I'm now making massive healthier choices. I was in a terrible rut when I started Healthy Shetland, now exercising regularly and making healthier food changes/choices.



## Claire Morris

Advanced Fitness Instructor at SRT & Health Improvement Practitioner at NHS Shetland



## 'The face behind Healthy Shetland'

What is your role within Healthy Shetland?

My role within Healthy Shetland is to roll out the programme across all leisure centres. A mix of leading the sessions and supporting the SRT staff. I also wrote the programme and gather feedback for external evaluations.

What were your objectives and goals for the project?

Our objectives and goals were to create a bespoke programme that responded to the need for healthy behaviour and lifestyles within communities across Shetland. We wanted it to be accessible for as many people as possible and have a flexible approach to health. We were keen for it to focus on weight loss as little as possible and more around other healthy changes that individuals are making - i.e. are they sleeping better, are they more active, are they eating more fruit and veg rather than just the number on the scales.

What has been the greatest impact?

I think the greatest impact has been doing this programme in a group. It's allowed friendships to form and for people to support one another along the same journey. It's so nice to see them meeting outside of the group and supporting one another whether that be going to classes or going for a walk.

What defines success within Healthy Shetland?

As I said, success is more than just the number on the scales. For us a success is if the person has improved something in their overall health - better sleep, healthier choices. For me personally, the biggest success I felt was when individuals said that it was also influencing their families choices, so families were being more active and eating healthier. This showed the widespread impact that the programme can have.

Will Healthy Shetland return in 2022-2023?

It sure will! We are currently recruiting for our 22-23 programme with the first couple of groups up and running again. We hope this programme will run forever, watch this space!

# TRAINING DEVELOPMENT



## Modern Apprentices

Each year we are granted a contract for five placements with Skills Development Scotland (SDS) for Modern Apprentices based in our facilities. This means that we have ten candidates undertaking the award at any one time. We have a good achievement rate, where candidates successfully complete and then continue into further employment with us, providing an important starting point and a clear pathway to creating a sustainable labour market for anyone wishing to pursue a career and a future in the leisure industry.

SDS contribute towards the cost of training through a Training Provider who works with the industry. We are a Training Provider as well as an Employer within the Modern Apprenticeship scheme. The qualifications candidates achieve by undertaking the Modern Apprenticeship scheme are accredited through the Scottish Qualification Authority (SQA), and we are an SQA Approved Centre. We are also a recognised Modern Apprenticeship Centre.

The Modern Apprenticeships available with SRT are for people aged between 16 and 19 years of age. The framework is Active Leisure, Learning and Wellbeing, which allows candidates to gain a Level 2 in Sport & Active Leisure, whilst undertaking a two year period of paid employment in one of our facilities.

## First Aid

We are certified to provide regulated First Aid training including National Pool Lifeguard Qualifications (NPLQs), First Aid at Work, Emergency First Aid at Work, Paediatric First Aid, Emergency Paediatric First Aid and Automated External Defibrillator training to our staff, through the Institute of Qualified Lifeguards UK (IQL UK), a training subsidiary of the Royal Life Saving Society UK (RLSS UK), which is the UK's leading provider of water safety and drowning prevention education.

Through IQL UK, the leading provider of lifeguard training, there are more than 90,000 RLSS UK pool lifeguards trained in the National Pool Lifeguard Qualification (NPLQ) and around 95 per cent of all pool lifeguards are trained by the RLSS UK. The qualification enables swimming pool operators to meet the industry standards for Health & Safety. IQL UK offers a wide variety of qualifications as part of its portfolio including qualifications regulated by Ofqual. The NPLQ provides the main First Aid provision for our facilities.

**George Mustard** | Training & Development Officer

# ASSETS & DEVELOPMENT

## The Technical Services Team had a busy year, undertaking a diverse array of tasks across all facilities.

During August the Clickimin Leisure Complex hosted the 'Big Summer Spree', which celebrated the end of summer and brought together several charities in a fun day event. The Technical Team were instrumental in setting up the event, including agreeing layouts and services with third parties. We liaised with the statutory authorities and obtained all the necessary consents for the event. Staff built stall games, which enticed visitors to donate to the charities attending. The success of these games has led us to offering these games to hire.

The growing ongoing maintenance due to the age of our buildings is a continuing problem. We undertook a major project to replace the flooring and seating to the viewing area within the Clickimin Complex Pool Hall. The previous timber seats had begun to break down and splinter due to the prolonged exposure to moisture. In addition to the seats, the existing floor finish had numerous loose and lifting tiles. We replaced the floor finish with a vinyl covering and seats with a plastic finish. This gave the area a fresh modern appearance using modern low maintenance products.

We began to offer Barbarian Forge, a fitness class influenced by the military. External equipment for the class was required, providing nine stations, including pull ups, push ups, monkey bars and sit up positions, which was developed by Technical Services in partnership with local fabricators L/E/F.

Technical Services were instrumental in achieving successful lease agreements including the café within the Clickimin Complex in October 2021, preparing and managing the tendering exercise, agreeing the terms of the lease agreement, commissioning the café appliances and services in preparation for occupation.

A Royal Mail sorting office opened within the North Mainland Leisure Centre in April 2021. Technical Services organised fit out works, agreed the lease, terms and consents increasing the provision of security, improved external lighting and upgrading of the floor finishes.

**Andrew Lyall** | Head of Assets & Development





# FOCUS ON FINANCE

A tough year, mitigated by additional support from the Shetland Charitable Trust

We were fortunate to start the year with healthy reserves, and budgeted to break even in 2021/22, with much lower levels of both income and expenditure, due to the ongoing Covid19 pandemic. Our budget included a contingency of £0.6m from the Shetland Charitable Trust (SCT) to mitigate some of the impact on income of Covid19, should it be required. In the end, we required £0.49m in support from the SCT, providing a small buffer for 2022/23, when the balance of £0.11m in contingency support will be available if required.

During the year, we successfully transitioned to a better tax position, as a result of our charitable status, for energy costs, allowing us to claim back over £0.22m, from the preceding four year period. In addition, we reviewed the VAT position with regard to our memberships, and again were successful in updating their treatment.

We were successful in drawing in external funding for a number of projects including over £0.11m from Inspiring Scotland for the development of two sensory rooms at Clickimin Leisure Complex, the purchase of additional sensory kit which can be used across our rural sites, a range of conventional and electric bicycles, which are now available for hire in Unst, and we are building a large bicycle shelter at Clickimin. We received £0.02m from Digital Boost, allowing us to carry out digital improvements to our back office functions, and we were approved for a Coastal Communities Fund grant allowing us over the next few months to develop a Changing Places facility in Clickimin.

As has been mentioned, we delivered a number of programs and activities aimed at getting our community back to some form of normality, working in partnership with other stakeholders across Shetland, and I am particularly proud of the grant funding we were able to provide to families, to buy sports kit and equipment for their bairns, allowing them to participate more fully and inclusively in activities, whether here or elsewhere. We issued over £5k during the summer break of 2021.

Budgeting for 2022/23 was challenging, and the current energy and cost of living crisis will not make achieving a balanced budget easy. Our MORE4life and Access to Leisure memberships however, will go some way to supporting our community to stay warm and healthy this winter.

**Janice Thomason** | Head of Finance & Corporate Services



# FOCUS ON ENERGY & ENVIRONMENT

**We are identifying more efficient methods of working, reducing journeys and identifying better working practices to reduce our environmental footprint.**

The leisure sector has a collective responsibility and an enormous opportunity to drive change. Sport, recreation and physical activity brings people and communities together like nothing else. We are a fantastic catalyst for inspiring action. We are taking a proactive approach with a focus on the Shetland Net Zero Route Map and a co-operative approach to reducing our environmental impact.

We were successful in obtaining Community Climate Action Funding to replace lighting within our properties to more energy efficient LED lighting. We will continue to be proactive in identifying funding opportunities to assist us in improving facilities and reducing our environmental impact.

When replacing and upgrading our facilities, we will ensure improvements reduce our impact upon the environment. We are identifying more efficient methods of working, reducing journeys and identifying better working practices to reduce our environmental footprint, where we can.

We continually review energy costs to identify best value. We are currently developing a working group to review our energy data from our sites. This information will identify the different usage between areas, such as wet and dry activities, together with the difference between sites. The group will then use this information to assist with identify better working practices.

**Andrew Lyall** | Head of Assets & Development



**We contributed  
7% less kg of  
CO2**



**9,000kg less on  
Electricity alone**





# FOCUS ON THE FUTURE

**To improve, innovate and provide attractive and affordable programmes of activity for everyone**

In line with many other organisations, we will continue to focus on financial sustainability, and doing our bit for Carbon Net Zero, to safeguard our facilities and the services we provide now and into the future.

As a community, we are extremely lucky to have the breadth and range of facilities that we have, and looking to the future, we plan to reduce the barriers to participation that can and do exist, to allow everyone to join in, get started and stay active, living well and achieving their own personal goals.

We will do this by building and maintaining connections with Shetland Partnership members, and other community stakeholders, and engaging frequently with our customers and the wider community. We plan to work more closely with NHS Shetland, to develop and deliver a wider range of health specific classes across Shetland.

We are investing in our facilities, with major capital works planned at Unst, West Mainland, Scalloway and Clickimin, as well as ongoing improvements within our facilities such as gym upgrades, digital studio's, and sensory rooms.





We will be releasing a new mobile app later in the summer, which will allow our customers to access information on all our facilities, events and classes, as well as to easily plan and book activities.

Our MORE4life and Access to Leisure memberships have been popular, and we will continue to offer the best value we possibly can, building our membership, improving our facilities and providing an increasing range of services to our community.

**Steven Laidlaw** | Chief Executive Officer



## BRIAN DEMPSTER

Complex Manager

Clickimin Leisure  
Complex



**When you were a child, what did you want to be?**

I always had a passion for exercise and sport and wanted to follow in my dad's footsteps as a PT instructor in the army and amateur boxer. My first job in the leisure industry was at George Kerr's Edinburgh Club as a fitness instructor.

**If you could visit anywhere in the world, where would it be?**

As I hit a big birthday next year I have Gran Canaria on my bucket list. It has sunshine and a trail running race, TRANSGRANCANARIA, every winter where you run from one side of the Island to the other side. The best bit? Recovering after the race with lots of food and drink.

**What did you do before you worked at SRT?**

I have worked in the health and fitness industry for the last 28 years, at Edinburgh College in the commercial department, looking after the Health Club, Spa and student accommodation.

**What is a typical day for you at SRT?**

This question made me smile! After a year at SRT and the Clickimin, there is no such thing as a typical day.

**What do you enjoy most about your job?**

Starting work at the Clickimin Complex, the first thing that struck me was what fantastic facilities are on offer in Shetland. I like the challenge of keeping the complex at the forefront of our industry standards and to be able to offer high levels of service.

## CAITLIN WARD

Fitness Instructor

Clickimin Leisure  
Complex



**When you were a child, what did you want to be?**

If I remember correctly I think I wanted to be a professional athlete and I wanted to compete like they did on TV because I thought that the atmosphere was amazing and it would be doing something that I love doing which was sport.

**If you could visit anywhere in the world, where would it be?**

I want to visit Bora Bora because I would love to stay in one of the cabins over the water I think it would be absolutely amazing.

**What did you do before you worked at SRT?**

I worked as a support worker specifically for adults with autism in shelter housing when I lived in Glasgow.

**What is a typical day for you at SRT?**

I usually work in the gym mostly keeping it tidy, helping anybody with exercises or advice, doing inductions and cleaning the equipment but 2 days of the week I take some classes which I enjoy very much.

**What do you enjoy most about your job?**

I enjoy the social aspect of it, speaking to everybody that comes into the gym and motivating people in classes.

**LISA ANDERSON**  
Trainee / Casual  
Recreational Assistant

Whalsay Leisure  
Centre



**When you were a child, what did you want to be?**

Physiotherapist after a family member went to Uni to do it and after researching it, I thought it would be an interesting area to work in.

**If you could visit anywhere in the world where would it be?**

I would like to go to Australia and New Zealand after hearing about family and friends travelling there.

**What did you do before you worked at SRT?**

I was a shop assistant at Tetley and Anderson before starting relief work at SRT and later starting as an apprentice.

**What is a typical day for you at SRT?**

A typical day would usually consist of opening the pool or completing a building check before opening to the public. Then either lifeguarding or completing other tasks that needed completed throughout the morning. After lunch we would usually start preparing for after school activities or for adult activities, depending what we have booked on each day.

**What do you enjoy most about your job?**

I enjoy working with the team at Whalsay Leisure Centre.

**STACEY LAURENSEN**  
Senior Recreational  
Assistant

Scalloway Pool



**When you were a child, what did you want to be?**

I was a very active child and loved animals, had a dream to become a P.E. teacher or Veterinary Nurse.

**If you could visit anywhere in the world, where would it be?**

Canada! It's on my to-do list, and with a big birthday looming in a few years then I think 'a Big Holiday' is required.

**What did you do before you worked at SRT?**

I worked at Saga Seafoods and picking up shifts at the weekends and after school.

**What is a typical day for you at SRT?**

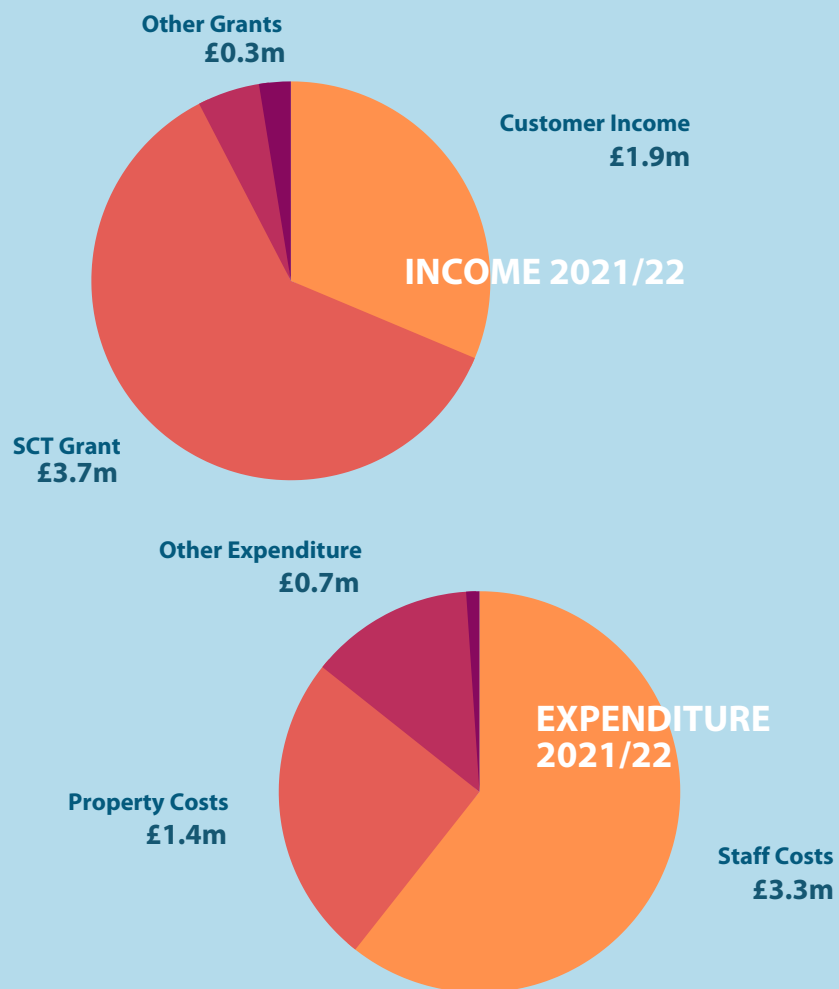
My typical day can be fast and furious, with only two members of staff working on shift most of the time, we have to be on the ball with all our cleaning, lifeguarding and teaching duties. I am a Senior at Scalloway so I work with the manager to keep the building running smoothly, this can include stock takes, staff training and sorting cover.

**What do you enjoy most about your job?**

What I enjoy the most about my job is that I only feel like I've been working here for 3 years and not nearly 19 years, it's basically my second home. I know our regular customers quite well and feel it's important to make everyone feel comfortable and enjoy their visit.







**How we spent each £**

Clickimin Leisure Complex	37p
North Mainland Leisure Centre	6p
West Mainland Leisure Centre	4p
Unst Leisure Centre	5p
Yell Leisure Centre	3p
Whalsay Leisure Centre	4p
Scalloway Pool	4p
South Mainland Pool	4p
Maintenance	17p
Administration	16p



## FINANCIAL POSITION 2021/22

Table of financial position

### Balance Sheet

as at 31 March 2022

	2022 (£)	2022 (£)	2021 (£)
<b>Fixed assets</b>			
Tangible assets		22,455,386	23,189,888
Total Fixed Assets		22,455,386	23,189,888
<b>Current assets</b>			
Stocks	11,659		13,466
Debtors	681,454		108,194
Cash at bank and in hand	1,212,231		1,033,435
Total Current Assets		1,905,344	1,155,095
<b>Liabilities</b>			
<b>Creditors: amounts falling due with one year</b>		(662,002)	(405,938)
Net current assets		1,243,342	749,157
<b>Total asset less current liabilities and net assets excluding pension liability</b>		23,698,728	23,939,045
Defined benefit pension scheme liability		(4,599,000)	(7,659,000)
<b>Total Net Assets</b>		19,099,728	16,280,045
<b>Funds</b>			
Unrestricted - general fund		1,243,342	749,157
- pension fund		(4,599,000)	(7,659,000)
Total unrestricted funds		(3,355,658)	(6,909,843)
Restricted fund		22,455,386	23,189,888
Total funds		19,099,728	16,280,045

A copy of our audited Annual Accounts are available on request [mail@srt.org.uk](mailto:mail@srt.org.uk)



# Shetland more active, more often

Shetland Recreational Trust is an organisation accepted by the Inland Revenue as having Charitable Status

The Shetland Recreational Trust is a charity registered in Scotland, No: SC002179

Shetland Recreational Trust is part funded by

Funded by



Cover photograph by Brian Gray

Report photographs supplied by Facility Managers, Brian Gray and Dale Smith



**Shetland Recreational Trust**  
Shetland more active, more often

[www.srt.org.uk](http://www.srt.org.uk)